

What is the online SInQUE?

Our research team at University College London and St George's University London have developed an online questionnaire, called the **SInQUE**, for staff to complete with people who are living in mental health supported accommodation.

Its goal is to help you become more involved with your community, by asking you about the ways you would like to be included.

Staff can then use your responses to guide support and care planning for you, according to your own preferences.



Is there anything else I need to know?

None of your personal information is stored on the website – all responses are anonymous and are only identifiable using a unique ID number.

For further information on this you can see our privacy policy at sinque.org.uk/pages/privacy.

How can I find out further information?

The SInQUE is available for use, and more information can be found on our website:

<https://sinque.org.uk/>



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SInQUE

Social Inclusion Questionnaire User
Experience



An online tool to help guide care and support planning for people living in mental health supported accommodation

<https://sinque.org.uk/>

What is a SInQUE assessment like?

A staff member will go through the questions with you using a computer, tablet or mobile.

The questionnaire takes around **15 or 20 minutes** to complete, and can be saved and returned to later if you want to take a break.

The SInQUE asks questions about **nine** different areas of your life:

- Transport
- Religious and cultural activities
- Leisure activities
- Social life
- Health
- Being a victim of crime
- Education and employment
- Housing and home life
- Community activities

You will be asked questions like:

"How many of your neighbours do you know by name?"

"Do you own your own computer?"

"Are you registered to vote?"

Once you have answered the questions, the tool will highlight the areas that you said you would like more support with.

Then, together with the staff member, you can pick three of these that you would like to focus on improving the most.

You and the staff member can also go through the questionnaire again in the future, to see whether things have changed.

Here's what service users who have done a SInQUE assessment have said about it:

"I think it could be very useful, it's very detailed and wide ranging."

"It opened conversations which, maybe without those questions, maybe me and my key worker would never have had that conversation."

"I thought it was very accessible and I was very comfortable with the questions, they were just getting to know my experience living here."